

PRESS RELEASE



C-KAP Winner Tour du Canada Cup

FOR IMMEDIATE RELEASE

ALLISTON — March 26, 2007 — **Rene and Irene Arnolis of Hamilton, Ontario** are the winners of the fourth annual Tour du Canada award for a C-KAP member, the national cycling club Tour du Canada has announced.

In 2006 Rene and Irene traveled by bike in five Canadian provinces. Rene and Irene have been recognized by the Board of Directors of Tour du Canada as best reflecting its stated goals of promoting interprovincial cycling. Rene and Irene's names have been engraved on a trophy donated to C-KAP by Tour du Canada and C-KAP will further recognize this accomplishment with a certificate of achievement. They have also each received a Tour du Canada cap as part of the award. Tour du Canada presented the trophy and caps to Rene and Irene at the Toronto International Bike Show earlier this month

For more information on C-KAP and Tour du Canada, and how to compete for this annual award please contact:

Canadian Kilometer Achiever Program

James D. Wilson

C-KAP Co-ordinator

E-mail: jimckap@mondenet.com

Web: www.ckap.ca

Telephone: 613-523-3012

Tour du Canada

Bud Jorgensen

Executive Director

E-mail: sweep@TourduCanada.com

Web: www.TourduCanada.com

Telephone: 705-434-1100

Canadian Kilometer Achiever Program (C-KAP) is a national fitness incentive program that dates back to 1976. That year, groups of cyclists from across Canada traveled from province to province to their final destination of the Olympics in Montreal, Quebec. The goal of the program is to encourage participants to improve their health and lifestyle through cycling. The program has encouraged over 1,200 cyclists, on a voluntary basis, to log their daily kilometers throughout the year. The cumulative cycling distance of C-KAP participants is over 18 million kilometers.

Tour du Canada is a national network of cyclists whose mandate includes the promotion of interprovincial cycling. The club has more than 350 active members throughout the country and in various parts of the world. The Tour du Canada organization conducts the annual cross-Canada bicycle ride. Tour du Canada was first staged in 1988 and is the longest annual bike ride in the world. Riders visit all ten Canadian provinces during the high summer months. As of 2007 over 600 participants will have completed the 7500 kilometre cross-country ride. The age range of participants to date is 14 to 73.

Tour du Canada is the registered trade-mark of Cycle Canada, The Veloforce Corporation and is used under licence by VTSJ Groupe Cycliste pour Tour du Canada.